INVITATION

SECOND INTERNATIONAL CONFERENCE
ON TRANSCULTURAL PSYCHIATRY IN
CENTRAL EUROPEAN COUNTRIES

18.05.–20.05.2017
GDYNIA/PolAND

www.wpa-mitk-congress.org
Invitation

Europe is experiencing one of the most significant influxes of migrants and refugees in its history. Pushed by civil war and terror and pulled by the promise of a better life, hundreds of thousands of people have fled the Middle East and Africa, risking their lives along the way. More than a million migrants and refugees crossed into Europe in 2015, sparking a crisis as countries struggle to cope with the influx and creating division in the EU over how best to deal with resettling people. The vast majority arrived by sea but some migrants have made their way over land, principally via Turkey and the Balkan countries.

In a rapidly changing world, psychiatry faces numerous challenges. In response to these rapid societal changes, psychiatry needs to be prepared to meet the challenges of migration, acculturative change and acculturative stressors. Transcultural psychiatry focuses on the study of all these phenomena. In a rapidly changing world, the culture of psychiatry itself is also changing, from a more medically constricted perspective to a more inclusive scientific approach integrating the perspectives of the social sciences, public health and public policy, along with medicine and its related clinical disciplines.

That is why we invite you to learn about these developments and to discuss their implications in this conference – the Second International Conference on Transcultural Psychiatry in Central/North European Countries. We will discuss the characteristics of rapid culture change over the past two decades, theoretical and practical issues related to the mental health care for migrants, migrants’ access to appropriate mental health and social services, coping with stigma and social exclusion, intercultural marriage and its implications, culture change within psychiatry and health care more broadly, and a number of other related subjects.

The conference objective is to enable presentations by experienced researchers, clinicians and policymakers from a number of European countries, as well as those from countries around the world.

The long-range goal of the conference is the greater cultural integration of immigrants and refugees in all countries, along with the reduction of stigma related to migration and minority status in all countries.

Artur Broclawski (PL, D), Solmaz Golsabahi-Broclawski (A), Marianne Kastrup (DK), Hans Rohlof (NL), Ron Wintrob (USA), Kees Laban (NL), Ewa Staszweska (PL), Ewa Dobiala (PL), Krystyn Czerniejewski (PL), Stefan Mennemeier (D), Anna Umiecka (PL), Anna Hakiel (PL), Wieslaw J. Cubala (PL)
Conference Information

This meeting will be used to introduce new ideas and concepts.

Main Languages
English, Polish

Venue
Hotel Nadmorski ****, Ul. Ejsmonda 2, 81-409 Gdynia
Web: www.nadmorski.pl
E-Mail: hotel@nadmorski.pl

Accreditation
Accreditation for medical participants has been asked.

Registration Fees
• participants: until May 05, 2017: 150 €; after May 05, 2017: 170 €
• speakers: 100 €
• special country fee (only until May 05, 2017): 80 € (only for residents of Poland, Ukraine, Belarus, Estonia, Latvia, and Lithuania)
• student registration: 60 € (must be accompanied by student identification card)
• one day participation: 100 €

Cancellation Policy
Cancellation requests made in writing (e-mail) will be accepted, up to 14 days prior to the conference opening date, and will be reimbursed 50% of registration fee paid after this date, no reimbursement is possible.

ONLINE-REGISTRATION: www.wpa-mitk-congress.org

Organisation
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:30</td>
<td>Opening</td>
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<tr>
<td></td>
<td><strong>Greetings from:</strong></td>
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<tr>
<td></td>
<td>– Kees Laban <em>(Chair WPa-Tps)</em> <em>(NL)</em></td>
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<td>– Hans Rohlof <em>(WPA-Tps)</em> <em>(NL)</em></td>
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<td>– Marianne C. Kastrup <em>(WPA/TPS and EPA)</em> <em>(DK)</em></td>
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<td>– Ron Wintrob <em>(U.S.A.)</em></td>
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<td>– Wieslaw Cubala <em>(Poland)</em></td>
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<td><strong>Key-Note Lecture:</strong> Cross-cultural dimension in psychotherapy and counselling. Concepts of Positive Psychotherapy in different cultural contexts.</td>
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<td>– Roman Ciesielski <em>(Poland)</em></td>
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<td>12:30–15:00</td>
<td><strong>Symposium 1 (á 20 min + 5 min discussion)</strong></td>
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<td><strong>Chairs:</strong> Ewa Dobiala, Krystyn Czerniejeewski</td>
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<td>Current issues in Polish Psychiatry – Updating the Situation</td>
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<td>– Wieslaw J. Cubala, Ewa Staszewska, Roman Ludkiewicz <em>(Poland)</em></td>
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<td>Migration and transcultural psychiatry in Poland</td>
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<td></td>
<td>– Ewa Dobiala <em>(Poland)</em></td>
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<td></td>
<td>To what extent are ethical guidelines dependent on culture?</td>
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<td></td>
<td>– Marianne C. Kastrup <em>(Denmark)</em></td>
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<td>Psychotherapy with migrants</td>
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<td>– Hans Rohlof <em>(The Netherlands)</em></td>
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<td>Suicidal behaviour among asylum seekers in the Netherlands: prevalence, background and prevention</td>
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<td>– Kees Laban <em>(The Netherlands)</em></td>
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<td>15:00–15:30</td>
<td><strong>Break</strong></td>
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<td>15:30–17:10</td>
<td><strong>Symposium 2 (á 20 min + 5 min discussion)</strong></td>
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<td><strong>Chairs:</strong> Wieslaw J. Cubala, Ron Wintrob</td>
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<td>Refugee protection – an interdisciplinary challenge</td>
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<td></td>
<td>– Thomas Wenzel, Siroos Mirzaei <em>(Austria)</em></td>
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<td>Changing attitudes toward immigrants in an era of fear of terrorism; effects on public policy in the U.S.A.</td>
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<td>– Ron Wintrob <em>(U.S.A.)</em></td>
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</table>
Behind the bars: mentally ill migrants not guilty for reason of insanity in Austria (2000–2016)
– Thomas Stompe (Austria)

Toward a more comprehensive model of care for torture and ill treatment victims
– Abdelhak Elghezouani (Switzerland)

17:10–17:30 Break

17:30–19:00 Workshops

Austria Refugee protection – an interdisciplinary challenge
Workshop: „Istanbul Protocol“ (The Manual on Effective Investigation and Documentation of Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)
– Thomas Wenzel, Siroos Mirzaei (Austria)

Workshop: Positive Psychotherapy and its application to multicultural family system.
– Ewa Dobiała (Poland)

Workshop: Resilience-oriented treatment for refugee unaccompanied minors
– Paula Ekster, Sytske Buma (The Netherlands)

Gala Dinner

Friday, May 19, 2017

9:00–10:35 Symposium 3 (á 20 min + 5 min discussion)
Chairs: Hans Rohlof, Simon Dein

Trauma and forced migration of Chechens in Europe
– Maria Ksiazak (Poland)

Post-migration living problems as a risk factor for cultural identity and mental health
– Simon Groen (The Netherlands)

Adolescent between the two shores: presenting a case from psychotherapeutic practice
– Stefanka Tomcheva (Bulgaria)

10:35–11:00 Break
11:00–13:35 Symposium 4 (á 20 min + 5 min discussion)  
*Chairs: Thomas Wenzel, Ewa Staszewska*

Shame as a crucial mediator in building therapeutic relationship, inclusive transcultural society and in peace-building processes  
– Anna Hakiel (Germany, Poland)

Posttraumatic stress disorder as a consequence of war and flight: development, maintenance and comorbidity – an overview  
– Mimoun Azizi (Germany)

A child with autism from a bilingual family and living in a multilingual environment  
– Joanna Ławicka (Poland)

Positum approach to misunderstandings between parents and adopted children of different ethnic origin. Presenting a case from psychotherapeutic practice  
– Snezhanka Dimitrova (Bulgaria)

13:35–15:00 Lunch

15:00–16:35 Symposium 5 (á 20 min + 5 min discussion)  
*Chairs: Iris Graef-Callis, Ibrahim Özkan*

Challenges of mental health care of refugees  
– Iris Tatjana Graef-Calliess (Germany)

Prevalence of mental disorders in a German refugee reception facility  
– Maria Belz (Germany)

Suicidality and other clinical characteristics of a refugee sample of a specialized outpatient clinic in Germany  
– Umut Altunoz (Germany)

Experiences with a speech reduced approach for emotional stabilization of traumatized refugees  
– Ibrahim Özkan (Germany)

16:35–17:00 Break

17:00–18:40 Symposium 6 (20 min + 5 min discussion)  
*Chairs: Kees Laban, Solmaz Golsabahi-Broclawski*

Knowing the Patient – Knowing the Other? Narrative-based medicine as a field of intersection of anthropology and medical practice  
– Adrianna Beczek (Poland)
Religion and coping with schizophrenia
– Simon Dein (United Kingdom)

Transcultural and gender-specific aspects of suicidality in Poland
– Wieslaw J. Cubala (Poland)

Usefulness of MHPSS approach in dealing with refugees in Germany
– Peter Kaiser (Germany)

The impact of country of immigration on acculturation strategies and mental health of Jewish migrants from the former Soviet Union
– Beata Trilsnik (Austria)

17:00–18:30 Workshops

Workshop: Working with resilience in displaced families
– Evert Hurulean (The Netherlands)

Workshop:
A: To make aware of the members personal view of human mankind
B: Exercises to support a resources focused view of human mankind
– Stefan Minnemeier (Germany), Ewa Dobiala (Poland)

Workshop: Transcultural Balint-Group
– Stefan Minnemeier (Germany)

Saturday, May 20, 2017

9:00–11:00 Symposium 7 (á 20 min + 5 min discussion)

Chairs: Anna Umiecka, Artur Broclawski

Case analyses of individual and group work with refugees living in Berlin
– Anna Hakiel (Germany, Poland)

The concept of the 5 basic affects under aspects of bonding stability and symptom-control within the transcultural positive psychotherapy
– Stefan Mennemeier (Germany)

Methods in trauma therapeutic work with migrants
– Ibrahim Ozkan (Germany)
Final Panel Discussion

Moderation: Solmaz Golsabahi-Broclawski (Austria)

Participants: Anna Umiecka (Poland), Ron Wintrob (U.S.A.), Ewa Staszewska (Poland), Hans Rohlof (The Netherlands), Marianne Kastrup (Denmark), Kees Laban (The Netherlands), Stefan Mennemeier (Germany), Ewa Dobiala (Poland), Anna Hakiel (Poland), Artur Broclawski (Germany, Poland), Wieslaw J. Cubala (Poland), Krystyn Czerniejewski (Poland)

Posters

Knowing the Patient – Knowing the Other? Narrative-based medicine as a field of intersection of anthropology and medical practice
– Adrianna Beczek (Poland)

Transcultural Education: certification of transcultural medical training by government
– Solmaz Golsabahi-Broclawski (Austria), Artur Broclawski (Germany, Poland), Elisabeth Borg (Germany), Ron Wintrob (U.S.A.)
## Participants

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Institution</th>
<th>Country</th>
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<tbody>
<tr>
<td>Altunoz, Umut</td>
<td>Psychiatrist, Head of the Centre of Transcultural Psychiatry and Psychotherapy</td>
<td>Wahrendorff Clinic, Centre of Transcultural Psychiatry and Psychotherapy</td>
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<tr>
<td>Azizi, Mimoun</td>
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<td>University Oldenburg</td>
<td>Germany</td>
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<tr>
<td>Beczek, Adrianna</td>
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<td>Germany</td>
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<tr>
<td>Belz, Maria</td>
<td>Psychologist, Asklepios Clinic, Centre of Transcultural Psychiatry and Psychotherapy</td>
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<td>Germany</td>
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<tr>
<td>Borg, Elisabeth</td>
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<td>Germany</td>
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<tr>
<td>Broclawski, Artur</td>
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<td>Bielefeld, Poland</td>
<td>Germany, Poland</td>
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<tr>
<td>Buma, Sytske</td>
<td>Child Psychiatrist, De Evenaar, North Netherlands Centre for Transcultural Psychiatry</td>
<td>GGZ Drenthe Mental Health Care</td>
<td>The Netherlands</td>
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<tr>
<td>Ciesielski, Roman</td>
<td>Psychiatrist, Psychotherapist and Supervisor of Polish Psychiatric Association</td>
<td>President of Polish Association for Psychotherapy Development, Head of Wroclaw Center for Psychotrope and Polish Center for Transcultural Positive Psychotherapy</td>
<td>The Netherlands</td>
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<tr>
<td>Cubała, Wiesław J.</td>
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<td>Poland</td>
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<tr>
<td>Czerniejewski, Krystyn</td>
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<td>United Kingdom</td>
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<tr>
<td>Dein, Simon</td>
<td>Anthropologist, Psychiatrician</td>
<td>University College London</td>
<td>United Kingdom</td>
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<tr>
<td>Dimitrova, Snezhanka</td>
<td>Positive Psychotherapist, Master-Trainer of Positive and Transcultural Psychotherapy</td>
<td>President of Bulgarian Association for Positive Psychotherapy</td>
<td>Bulgaria</td>
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<tr>
<td>Dobiala, Ewa</td>
<td>Psychiatrist, Psychotherapist</td>
<td>Trainer of Positive and Transcultural Psychotherapy</td>
<td>Poland</td>
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<td>Ekster, Paula</td>
<td>Psychologist</td>
<td>De Evenaar, North Netherlands Centre for Transcultural Psychiatry, GGZ Drenthe Mental Health Care</td>
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<tr>
<td>Elghezouani, Abdelhak</td>
<td>Psychologist</td>
<td>Switzerland</td>
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<tr>
<td>Golsabahi-Broclawski, Solmaz</td>
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<tr>
<td>Graef-Calliess, Iris Tatjana</td>
<td>Psychiatrist, Wahrendorff Clinic</td>
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</tbody>
</table>
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Kastrup, Marianne C.  
Psychiatrist, Denmark

Ksiazak, Maria  
Psychologist, coordinator of Polish Center of Rehabilitation of Torture Survivors, Poland

Laban, Kees  
Psychiatrist, medical director, De Evenaar, North Netherlands Centre for Transcultural Psychiatry, The Netherlands

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Poland

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Sponsorship*

*Sponsorship at the time of printing